Patient Consent Form: Ultrasound-Guided Fine Needle Aspiration (FNA) of Thyroid Nodule

Patient Information:

Full Name:

Date of Birth:

Date of Procedure:

Procedure Description:
Ultrasound-guided Fine Needle Aspiration (FNA) is a diagnostic procedure performed to obtain a tissue sample from a thyroid nodule for further analysis. This procedure involves using ultrasound imaging to guide the placement of a thin needle into the thyroid nodule to extract cells or fluid for examination.

Benefits and Risks:
The benefits of ultrasound-guided FNA include:
- Obtaining a tissue sample for analysis to determine if the nodule is benign (non-cancerous) or malignant (cancerous).
- Helping to plan further treatment or monitoring based on the results.

As with any medical procedure, there are potential risks involved, including:
- Discomfort or pain during the procedure.
- Bleeding or bruising at the site of needle insertion.
- Infection at the site of needle insertion (rare).
- Allergic reactions to local anesthetics or contrast agents (if used).

Alternative Options:
An alternative to ultrasound-guided FNA is close monitoring of the thyroid nodule without obtaining a tissue sample. However, this may limit the ability to make an accurate diagnosis or plan appropriate treatment.

Procedure Process:
1. Prior to the procedure, you will be asked to remove any neck jewelry or clothing that may interfere with the ultrasound examination.
2. You will be positioned comfortably on the examination table with your neck slightly extended.
3. A gel will be applied to your neck to improve contact between the ultrasound probe and your skin.
4. The ultrasound probe will be gently moved over your neck to visualize the thyroid nodule.
5. Once the nodule is located, the skin over the area will be cleaned with an antiseptic solution.
6. Local anesthesia may be administered to numb the skin and underlying tissues.

7. Using ultrasound guidance, a thin needle will be inserted into the thyroid nodule, and several samples will be collected for analysis.
8. After the procedure, pressure will be applied to the site to minimize bleeding, and a bandage may be applied.
9. The collected samples will be sent to a laboratory for evaluation.

Confidentiality and Data Privacy:
Your privacy and the confidentiality of your medical information are of utmost importance to us. All data collected during the procedure will be handled in accordance with applicable laws and regulations.

Consent:
I have read and understood the information provided regarding the ultrasound-guided Fine Needle Aspiration (FNA) procedure for my thyroid nodule. I have had an opportunity to ask questions and have received satisfactory answers. I understand the benefits and risks associated with this procedure and hereby provide my informed consent for the ultrasound-guided FNA.

Patient's Signature: _____ Date: _____

Patient's Printed Name: _____

Physician's Signature: _____ Date: _____

Physician's Printed Name: _____

Witness's Signature: _____ Date: _____

Witness's Printed Name: _____